







Follow-up exercise: Task 1

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My healthy lunch



You will record three days of your lunch either drawing or writing and circle the answer on how you think about your lunch (healthy or not).

Date	My lunch
1.	<div style="text-align: right; margin-bottom: 10px;"><input type="text"/></div> <p>Is it a healthy lunch?</p> <p> / </p>
2.	<p>Is it a healthy lunch?</p> <p> / </p>
3.	<p>Is it a healthy lunch?</p> <p> / </p>

4.	<p>Is it a healthy lunch?</p>  / 
5.	<p>Is it a healthy lunch?</p>  / 

In these five days, do you think that you ate healthy? why?